

Rialto Unified School District

May 1, 2024 thru May 3, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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Generated on: 5/1/2024 6:47:05 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/01/2024																
EL CLASSROOM BREAKFA	Total	4950														
Pancakes, Confetti Bites 2022	pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4950	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			359	13	346	5.93	4.28	276.1	1534	0.15	36	12.18	65.40	7.15	1.09	0.00
% of Calories											39.5%	13.6%	72.8%	17.9%	2.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/02/2024																
EL CLASSROOM BREAKFA	Total	4950														
Bar, Benefit Apple Cinn '22	1 EACH	4950	290	15	240	3.00	1.80	20.0	110	0.0	22	5.0	48.0	9.0	3.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			435	18	376	5.00	2.66	286.1	660	123.77	46	13.18	75.76	9.15	3.09	0.00
% of Calories											42.1%	12.1%	69.7%	19.0%	6.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/03/2024																
EL CLASSROOM BREAKFA	Total	4950														
POP TARTS,Wh.Gr Strawberry-2013	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	1	60	0	10	0.00	0.00	0.0	60	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	60	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			531	3	506	6.00	4.28	456.1	1560	30.15	60	13.18	108.76	4.65	2.09	0.00
% of Calories											45.0%	9.9%	82.0%	7.9%	3.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			441	11	409	5.64	3.74	339.4	1251	51.36	47 95.8%	12.85 11.6%	83.31 75.5%	6.98 14.2%	2.09 4.3%	0.00 0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	441		350 - 500	100%				
Cholesterol (mg)	11							
Sodium 1 (mg)	409		540	76%				
Fiber (g)	5.64							
Iron (mg)	3.74							
Calcium (mg)	339.4							
Vitamin A (IU)	1251							
Sugars (g)	47	42.59%						
Vitamin C (mg)	51.36							
Protein (g)	12.85	11.64%						
Carbohydrate (g)	83.31	75.48%						
Total Fat (g)	6.98	14.24%						
Saturated Fat (g)	2.09	4.26%		<=30.00%				
Trans Fat ¹ (g)	0.00	0.00%		<10.00%				

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